

THE Dispatch

A PUBLICATION OF DISCOVERY LIVING, INC. 

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Story, pg. 5...

**Changing Lives for 40 Years
1977-2017**

Presented in recognition of our
founding fathers and steadfast supporters,
Knights of Columbus



Council 5544



Council 5677

SPRING/SUMMER STATE GAMES

We are proud of all of our Olympic athletes and the hard work they put into this year's games!



IOWA CUBS

There's nothing like a beautiful August night at the ballpark!



"I have been up against tough competition all my life. I wouldn't know how to get along without it."
- Walt Disney



Thrivent Night at the Ballpark

This season, **Thrivent Financial** donated \$5,000 to **Special Olympics**. At a Kernel's game, in late June, athletes were invited onto the field for the presentation. Discovery Living was well-represented by 100 athletes.



BRANDON MAKES THE NEWS

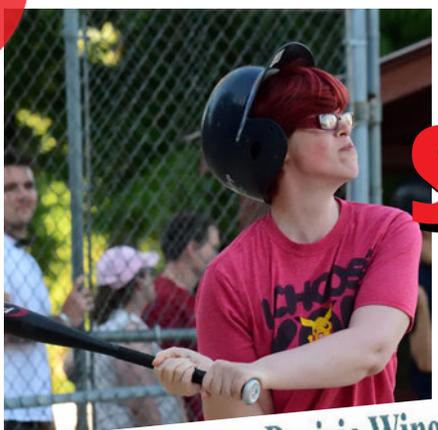


A FAMILY VISIT

BK recently got to spend an evening at his brother Zac's house, up north, "in the country". Brian, who went with his dad, was looking forward to seeing his two little nephews, Drake and Gage, and brought them bags of popcorn. Everyone seemed to really enjoy their family time together!



Chris Heaverlo attended Izzy's Car Show in Springville, IA, on August 19th. He had a great time looking at all the classic cars!



SEASON'S END

Once again, an exciting season of unified softball comes to a close. As always, we celebrated the final game with fine food and friendship at a picnic in the park. Everyone seemed to enjoy the afterglow of another well-played season and many were already looking forward to the next round of sports.



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Action shot credit: *Jim Messina*. Jim does excellent work. To see more of his pictures from some of the games, [click here](#).

A Very Valleyview Weekend



No lazy days around the house here. The ladies of Valleyview are on the move!



Country Club Cleanup

The folks at Country Club were grateful for a recent visit from a group of freshman Mount Mercy volunteers. The group stopped by on August 22nd and assisted with all sorts of indoor and outdoor cleanup tasks. Thanks to these Mount Mercy Mustangs for making a difference.



“There are three ways to ultimate success:
 The first way is to be kind.
 The second way is to be kind.
 The third way is to be kind.”
 - Fred Rogers

We Are Grateful...

Birdies 2017

A big Discovery Living “Thank You” goes to everyone who helped make the 2017 [John Deere Birdies for Charity](#) a huge success! We will receive a check for over \$9,000 in donations and matching funds on October 31, making this our most successful Birdies fundraiser ever. All of us here at Discovery Living feel blessed to have so many faithful friends.



First Assembly of God Clears the Brush



Discovery Living sends a HUGE THANK YOU to all the volunteers from [First Assembly of God](#)!

On Saturday, August 12, over 325 people associated with First Assembly of God graciously gave their time, hard work, and talents to ‘I Love My City Outreach’. Their outreach entailed 16 projects, 10 parks, 10,000 packed meals and over 12,000 hours served!

Discovery Living was honored by the work that over 20 people completed at our main office. After 7 hours of sweat, scrapes, and dirt, brush was cleared from over 500 feet of fence line. We are very thankful to these volunteers and to First Assembly of God for their outreach.



A few of the guys enjoy a meal at the Lindale Mall Chipotle. Thanks to Chipotle for supporting our work here at Discovery Living.



IOWA KNIGHTS OF COLUMBUS

Most of our readers are well aware of the over 40 years of dedicated support the Knights of Columbus has provided Discovery Living. The KC's not only founded Discovery Living in 1977, they also continue to be our largest source of donations year after year. The 2017 [Persons with Intellectual Disabilities \(tootsie roll\) Fund Drive](#) netted over \$45,000 in proceeds that the Knights directly gifted to our organization.

Hundreds of individual Knights have supported us over the years, and several members of our board of directors are active KC's. We thank each and every one of you for your incredible support.

(Cover pictures, clockwise from upper left: 5390 - PID Campaign Chair Mike Beke, Discovery Living (DL) board members Lynne Strabala and Bob Mowry, Grand Knight Pat Gibbs; DL board member James Nelson and KC 909 Grand Knight Doug Kayser; 5677 - Board member Jeff Gibney, Grand Knight, Terry Manternach and board member Denis Duppong 5544 - PID Committee Chair, Jay Fields, DL board members Mike Stallman & Tom Auterman, Grand Knight Jeff Frielinger)



DONOR SPOTLIGHT



We would like to specifically tell you a little bit more about one of our faithful friends, John McGinness. John has been a Knights of Columbus member for 20 years. He has served as Grand Knight, District Deputy, and Executive Committee Liaison - and has directed the KC's Helping Hand and Disaster Funds. In addition to these duties, John has found time to steadfastly support Discovery Living. John has been involved in the PID fund drive for many years and has been Discovery Living's central point of contact with the State Council for over a decade. We feel blessed to have the support of John and his fellow Knights as we strive to change more lives.

"Remember that the happiest people are not those getting more, but those giving more."

- H. Jackson Brown Jr.

JOHN MCGINNESS

Upon entering the Discovery Living office, you will see a plaque in our waiting area that recognizes members of the Discovery Living Legacy Society. These individuals are recognized for their dedicated support of our endowment fund with the Greater Cedar Rapids Community Foundation (GCRCF). A strong endowment is critical to our future as it helps ensure that we will always be here, helping support people in need.



The Endow Iowa Tax Credit Program allows taxpayers to receive an Iowa state income tax credit equal to 25 percent of the value of certain endowed charitable gifts. These gifts also qualify for a federal charitable deduction. The Greater Cedar Rapids Community Foundation is a qualified community foundation that provides access to Endow Iowa tax credits.

How It Works

- A variety of gifts qualify for Endow Iowa tax credits including cash, real estate, appreciated securities and outright gifts of retirement assets.
- Eligible gifts qualify for credits on a first-come/first-serve basis until the yearly-appropriated limit is reached. If the current available Endow Iowa tax credits have been awarded, qualified donors will be eligible for Endow Iowa tax credits the following year.
- Qualified donors can carry forward the tax credit for up to five years after the year the contribution was made.

For more information about how you can help leave a lasting legacy, please contact Bob Hebl at 319-378-7470 or bhebl@discoveryliving.org.

Legacy Society Roster

The Discovery Living Legacy Society recognizes individuals who support the long term stability of Discovery Living by supporting our endowment.

Dick and Fran Whitters
 Larry & Claire Sharp
 Mark and Sheryl Morgan
 Melvin and Wanda
 Campbell
 Anne & John
 Cunningham
 Karen Volz
 Mike & Dorothy Stallman
 Ralph & Yvonne Savoy
 Bob & Elaine Mowry
 John & Donna Negro
 Tom & Joan Auterman

Elmer Haverly
 Kelly & Rachelle Baier
 James Nelson
 Craig & Pam Clark
 Marguerite A. Wagner
 estate
 John and Nicki Raaz
 Bob & Laurie Hebl
 Delaine & Duane
 Peterson
 Scott & Penny Olson
 Terry and Joyce Moran

With **Endow Iowa**, contributions to the Discovery Living endowment cost donors less. For example, a \$10,000 gift could cost just \$4,200.*

Gift \$10,000
 Federal Deduction \$3,300
 Endow Iowa Tax Credit \$2,500
 Total Cost of Gift \$4,200

* Based on a 33% marginal federal tax rate for the entire charitable gift.



WELCOME HOME!

On Tuesday, August 29, an old friend paid a visit to Discovery Living. John Morris, our original Executive Director, stopped by to say hello and catch up with dozens of the dear friends he made during his 29 years of service to Discovery Living. John brought another longtime supporter, his wife Nancy, with him. Stories were shared, hugs exchanged, and everyone really enjoyed the gathering. All our best to John and Nancy, and we hope they take some time to reflect on the key role each of them played in making our organization what it is today.



"My legacy is that I stayed on course... from the beginning to the end, because I believed in something inside of me." - Tina Turner



SPRING HAS FLUNG

This year's Spring Fling was another rousing success. Pictured is the creator of the event (and Discovery Living employee) Jason Feight, presenting a donation check to Director of Residential Services, Carol Saddoris. Thank you, [Feight Club Productions](#), for your loyal support!

Garden Variety Activities



Norman shares his green thumb at one of the local community gardens.

These two life-long friends did an amazing job, building their own fairy gardens - picking out plants and little "inhabitants" to live in their gardens and hiding things to give it that "magical" quality! A thoroughly fun and wondrous afternoon for all!

The Jomar Gals put together summer flower pots.



We will always remember...

Our friend Reynolds "Rennie" Hahn passed away on June 15, 2017. Rennie was 71 years old and had received services from Discovery Living since 1992. He enjoyed seeing his family, watching and discussing airplanes, collecting various trinkets (treasures), as well as going on vacation. He loved [Camp Courageous](#) and made many trips to interesting places, such as Central Park in New York, where he was planning to visit again this year. Rennie was very dear to us and will be missed greatly.



"Kindness is never wasted. If it has no effect on the recipient, at least it benefits the bestower." - SH Simmons

HEALTHWELLNESS & YOU

Coughing and Sneezing

It is important to contain these germs and here is why: Water droplets from a cough or sneeze can travel up to three feet.

Coughs can clock in at about 60 mph. Viruses and colds can spread quickly during cold and flu season. With 60 mph coughs spraying germs everywhere, it is no wonder. There is a good reason why you cannot keep your eyes open when you sneeze—that sneeze is rocketing out of your body at close to 100 mph. This is, of course, a good reason to cover your mouth when you sneeze.

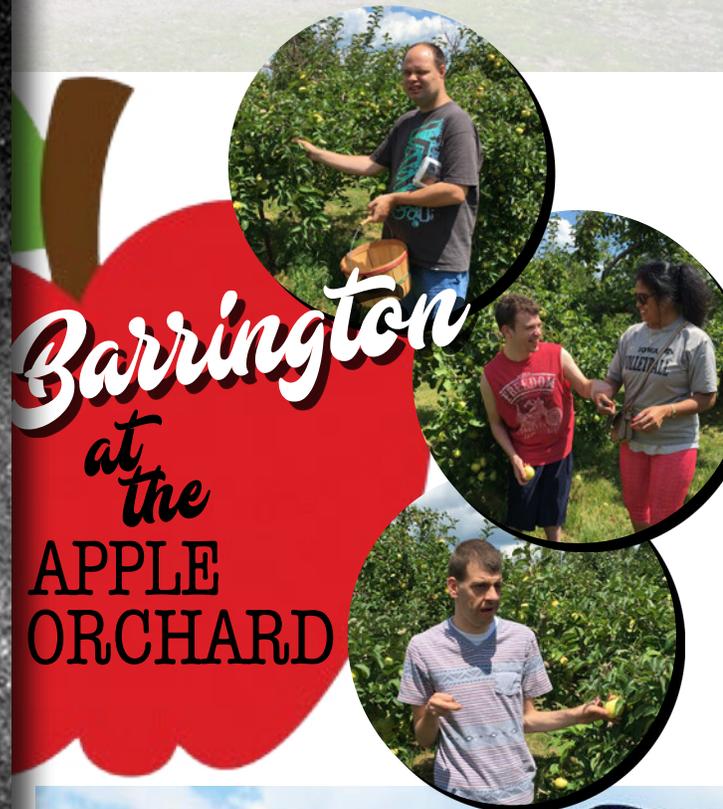
A cold virus can live on an inanimate object for up to three days. If someone has the coughs, sneezes, or sniffles in your house, it is a good idea to clean your TV remote as well as door handles.

To help stop the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze. If you do not have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Put your used tissue in a wastebasket.
- Remember to wash your hands after coughing or sneezing.
- Wash with soap and water or use an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands.
- More germs are spread through shaking hands than kissing so remember to wash often!

Sources:

<https://www.popsugar.com> › Fitness › Healthy Living
www.businesscreditcards.com/bootstrapper/100-weird-facts-about-the-human-body/
www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html



Be on The lookout...

As you know, Medicaid does not cover expenses associated with home or vehicle purchases or modifications, which cost Discovery Living several hundred thousand dollars annually. In November, we will be reaching out to ask that you consider supporting our [Annual Appeal](#). We hope you consider making a gift so that we can continue to cover these critical expenses. Your gift changes lives.



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Place
Stamp
Here

*Helping adults with
intellectual disabilities
live successful,
satisfying lives in the
mainstream of the
community.*

www.discoveryliving.org
(319) 378-7470

*A very special "Thank
you!" to our sponsors
for making our mission
of service possible!*



*The Arc of East Central Iowa - Bob Mickey Collision Center - Bradley & Riley, PC
Five Seasons Tire - Home Appliance Center - House of Carpets - Mike Stallman
Molyneaux Insurance - Options of Linn County - Toyota of Iowa City*

Care to join in? Newsletter sponsorships are now available. Sponsor once, be visible for a full year! An excellent way to both support Discovery Living AND promote your business or organization! For further details and information on how your organization can reserve your space now, contact Monica Ravn at (319) 378-7470.